Site-Specific Healthy Food Options and WIFI Access Quick Reference Sheet

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Site-Specific Healthy Food Options and WIFI Access Quick Reference Sheet

| **Site**  | **Wi-Fi Network & Login**  | **Wi-Fi Support**  | **Healthy Food Options Onsite Overnight and on Weekends**  | **Food Delivery Drop Off Location**  | **Lactation Room**  | **Multifaith Prayer Room**  |
| --- | --- | --- | --- | --- | --- | --- |
| Baycrest | Learner Wi-Fi: Baycrest Wifi  Login and password same as hospital IT system login and password.  | IT support is available via e-mail at helpdesk@baycrest.org or by phone at 416-785-2500 ext. 4357 | 24/7 Options: Not applicable. (there is no overnight on-call work at Baycrest)Other Options: W.A Café (in the Apotex building) Open Daily. * Monday – Thursday from 8AM – 4PM
* Friday from 8AM – 3PM
* Saturday from 8AM – 4 PM
* Sunday from 10AM – 4 PM
 | Communications desk on ground floor of hospital | Can be arranged within each individual department | Multifaith Prayer Room located in the Silverman Garden Court on the 1st floor of the hospital building, room 1A27. |
| Bridgepoint Health        | Learner Wi-Fi: SHS-B-LEARNER   Login and password same as hospital network login and password.  | IT Support is available via extension 5000 or at Helpdesk.HBH@sinaihealth.ca   Support is available in from 9-5, Monday – Friday with limited additional support at x5000 after hours and on weekends.  | 24/7 Options:Not applicable (there is no overnight on-call work at HBH).Other Options: * Tim Hortons (Open Daily: 0630 - 1630)

  | Security desk at the Ground Floor Ambulatory Care Entrance  | Physician Resource Room (G.113)  | Sacred Space: 5th floor next to the elevators  |
| Centre for Addictions and Mental Health | **Personal Devices:** To access WiFi for staff personal devices such as phones, tablets, laptops and research devices, select **StaffDevices** WiFi: * Obtain the password at this [**Insite link**](http://insite.camh.net/Services_for_Staff/Managing_Emails_and_Files/staffdeviceswifi95873.html)
* On your personal device, connect to **StaffDevices**
* Enter the password when prompted

No guest account or sponsorship is required. The pre-shared key will be updated every six months for security.  | helpdesk@camh.ca  4165358501 ext 6011.  | 24/7 OptionsNone. Other Options:No food vendors open onsite – delivery would be used if needed. | Security desk on ground floor on 1051 Queen St west, across from the Bridging Clinic. | The rooms currently identified for lactation are the Wellness Centre Therapeutic Rooms (BGB, and 250 College), and the Info Desk Consultation Rooms (MCCR, and CCC). They are only available during daytime hours (9am-4pm), and the contacts are as follows: McCain or CCC buildings - access by calling the info desk/Information officer Nadia Ramadhin at ext. 416-535-8501 ext. 30599 BGB or College Street - access by emailing wellness@camh.ca to schedule one-time or ongoing use. | 2nd Floor, 100 Stokes St. |
| Holland Bloorview  | Staff WIFI: **Bmcc.local**  Individualized password setup by IS  | IT Helpdesk  Via telephone extension 3802 or helpdesk@hollandbloorview.ca   | 24/7 Options:Not applicable. There is no in-house call for any trainees.Other Options:Cafeteria is open during the day and provides healthy options.  | No designated drop off location available. Pick up at main reception (ground floor, main entry doors). | * Room in occupational health
* Private office/room with lock and privacy
 | Multifaith prayer room on the 3rd floor next to the main bank of elevators. |
| Humber River Hospital  | WiFi Network: HRH-ALT Learners will be sent an email from HelpDesk@hrh.ca with their login credentials for wifi access. Learners can also visit the I.T office to set up an additional device.  | Helpdesk (HelpDesk@hrh.ca / ext. 37611 / in-person visit);Stephanie Chandrakumar (schandrakumar@hrh.ca)  | 24/7 Options:* Tim Hortons

 Other Options: * Cultures (open until 8:30pm)
* Paramount (open until 8:30pm)

  | No designated drop off location available. Medical Learners can order food to be picked up at the volunteer desk, level 1 south side. | Level 1 near volunteer desk; Level 4, outpatient Pediatrics. | Level 1, Spiritual Centre |
| Lakeridge Health  | Staff Network:LH-WIFI Login and password same as hospital IT system login and password. | IT Service Desk <https://servicedeskhub.lh.ca/>905-576-8711 ext.34357 | 24/7 Options:* Tim Hortons
* Fresh foods (sandwiches, salads, fruit, etc.) in coolers in the food court 24/7.

 Other Options: * Subway (open until 7:00pm)
 | No designated drop off location available.Table in foyer. Trainee would be required to meet the delivery person or pick the food up from the unsupervised table. | 3rd floor, Paediatrics  | 2nd floor Sacred Space |
| Markham Stoufville Hospital | Staff Network:MSH STAFFLogin and PW same as hospital IT login | IT support via locating  | 24/7 Options: * Tim Horton’s (kiosk next to ED)
* Vending Machines

Other Options:* Druxy’s
* Tim Horton’s (main entrance)
 | Security desk; Emergency Entrance | * Physician lounge
* 24/7 callrooms and fridge
* breastfeeding room in clinic 2 (patients there from 9 -5 MWF and 9-6 TTS)
 | Building A level 2  |
| North York General Hospital  | Staff Wi-Fi: NYGH\_Staff  Login and password same as hospital IT system login and password.  | Centre for Education Team IS Help Desk (either in-person; or by phone/email)416-756-6000 X 6074 helpdesk@nygh.on.ca   | 24/7 Options: • Tim Hortons (Located on the 1st floor across from Day Surgery Reception desk.)• Fruit cups, prepackaged sandwiches and salads can also be purchased at this location in the cooler. Other Options: • On the Go (Monday to Friday 7:30 a.m. to 3 p.m. Closed at 2:00 p.m. on Friday December 22nd. Closed December 25th, 26th & January 1st)• Tim Hortons (Monday to Friday 7:30 a.m. to 3 p.m. Closed at 2:00 p.m. on Friday December 22nd. Closed December 25th, 26th & January 1st)• Lunch from the Culinary Table (Monday to Friday 11 a.m. to 3 p.m. Closed at 2:00 p.m. on Friday December 22nd. Closed December 25th, 26th & January 1st)• Subway (Located right across from the Main Café. Monday to Friday 10:30 a.m. to 8 p.m. Saturday to Sunday 10:30 a.m. to 6 p.m. Closed at 6pm December 25th, 26th and January 1st)* Starbucks (Located in the Torokvei Atrium (main lobby) Monday to Friday 6:30 a.m. to 9 p.m. Saturdays 9 a.m. to 5 p.m.  Sunday 9 a.m. to 5 p.m. Closed at 5pm December 25th, 6th & January 1st)
 | Information desk at main entrance.   | 2S in the Newborn follow-up clinic   | Hospital Chapel ground floor across from outpatient pharmacy.  |
| Ontario Shores Centre for Mental Health Sciences  | Use **OSGuest** WIFI and create a unique account. | helpdesk@ontarioshores.ca**Helpdesk** Phone: 6203 Location: Building 5-Level 1  | 24/7 Options:Not applicable. No learners are on site after hours or on weekends.Other Options:* Lakeview [Cafeteria](https://www.ontarioshores.ca/planning-visit), Building 5, Level 1; Monday to Friday 8:00 a.m. to 3:30 p.m.; Hot Selections available 11:00 a.m. to 1:30 p.m.; Closed Saturday, Sunday and Statutory Holidays
 | No designated drop-off location available. Pick up deliveries in main lobby. | Please contact Kerrie Naylor: naylork@ontarioshores.ca  | Multifaith Chapel Building 5, Level 2 (near main entrance) |
| Michael Garron Hospital | Staff Wi-Fi:MGH\_Staff Login with MGH username and password. | IT Support is available at IT Help Desk Ext. 2000 or HelpDesk@TEHN.ca;  After hours HelpDesk support available by calling Locating x6333 and asking for the IT staff member on call to be contacted. | There are no overnight options currently available at MGH due to the redevelopment. New vendors are being added during the 2023-24 year. * Coffee/Tea provided in the Resident Lounge 24/7.

Late night vendors include:* Subway 8am – midnight)
 | Emergency Room Security Desk is available for 24 hr food drop off accessible to all residents 24/7. | Level 1 – Thomson Tower (Infant Feeding + Play Area) | Level 1 of M-Podium (opposite the Auditorium) |
| Mount Sinai Hospital | Learners are provided with access to WiFi **(SHS-M-Learner).** Network ID and password will be required to log into the WiFi. | **Help Desk****Phone:** 416-586-4800 ext. 4357Helpdesk.MSH@sinaihealth.ca | 24/7 Options:TBD Other Options:* Thai Express (Mon-Fri 11:00 a.m. to 3:00 p.m.)
* UNaru Sushi (Mon-Fri 8:00 a.m. to 6:30 p.m.; Sat & Sun 8:00 a.m. to 3:00 p.m.)
* Bar Burrito (Mon-Fri 10:30 a.m. to 6:00 p.m.; Sat & Sun 10:30a.m. to 3:00 p.m.)
* Aroma (Mon-Fri 6:30 a.m. to 7:30 p.m.; Sat & Sun 8:00 a.m. to 3:00 p.m.)
* MeVaMe (Mon-Fri 11:00 a.m. to 8:00 p.m.; Sat & Sun 12:00 a.m. to 6:00 p.m.)
* Second Cup (Mon-Sun 6:00am to  9:00 p.m.)
 | No designated drop-off location available. | PNAC 17th floor. Please refer to confirmation of registration email from NirvSystem. | Multifaith Prayer Room, 4th Floor  |
| Royal Victoria Regional Health Centre  | **Physician WIFI** is password -protected – visit the IT service desk (basement of the Rotary building) for direct access on their phones. Guest RVH network can be joined automatically. | 1) ITS team is available via extension 45000 2) In-person ITS service available in the basement of the Rotary building  | 24/7 Options:After 11:00pm, staff, physicians and residents utilize delivery services (Uber Eats, Skip the Dishes, etc.) Other Options:* Subway (open until 9pm)
* Tim Horton’s (open until 11pm)
* Gino’s Pizza (more options than just pizza incl. of salads; open until 8pm)
 | 1. Flagpole entrance\*
2. Contractor’s entrance

\* This is a secure entrance  | Private room access can be provided by contacting medicaleducation@rvh.on.ca or Andrew Broeren, 41330  | 1st floor Spiritual Care by Fracture Clinic  |
| Scarborough Health Network – Birchmount | Staff Wi-Fi:SHN Login and password same as hospital IT system login and password. | IT Support is available via extension 2492 or through the SHN Service Desk [webportal](https://servicedesk.ourepic.ca/HomePage.do?view_type=my_view). | 24/7 Options:* KitchenMate Hot Meals
* Pizza Forno

Other Options:* Tim Hortons (6am – 9pm weekdays +weekend hours)
 | Information desk at front entrance. | Lactation rooms are available for all staff including learners: * Birchmount, 1st Floor MD Lounge (Physicians only)

At this time, we do not have specific learner lactation rooms available at the other sites, but planning is underway to develop these spaces. | Yes, main floor near Tim Hortons.  |
| Scarborough Health Network – Centenary | Staff Wi-Fi:SHN Login and password same as hospital IT system login and password. | IT Support is available via extension 2492 or through the SHN Service Desk [webportal](https://servicedesk.ourepic.ca/HomePage.do?view_type=my_view). | 24/7 Options:* Subway

Other Options:* Sahebi Italian Foods – Closed Saturday; 9:30am – 9:30pm rest of week
* Taste of the Meditterian 9am – 9pm closed Saturday
* La Prep 9am – 7am – 9pm Closed Sunday
* Tim Hortons
* weekdays +weekend hours
 | Information desk at front entrance. | Lactation rooms are available for all staff including learners: * Centenary 2nd Flor FBC NICU space Physician spaces which Residents also have access to have is available:

At this time, we do not have specific learner lactation rooms available at the other sites, but planning is underway to develop these spaces. | Yes, main floor, Margaret Birch wing near OR. |
| Scarborough Health Network – General | Staff Wi-Fi:SHN Login and password same as hospital IT system login and password. | IT Support is available via extension 2492 or through the SHN Service Desk [webportal](https://servicedesk.ourepic.ca/HomePage.do?view_type=my_view). | 24/7 Options:* Vending machines on ground fl.

Other Options:* Tim Hortons (6am – 9pm weekdays +weekend hours)
* Cafeteria (7am – 2pm weekdays +weekend hours)
 | Information desk at front entrance. | Lactation rooms are available for all staff including learners: * 1st floor Crockford Wing
* Ground Floor MD Lounge (Physicians only)

Additionally at the General site, FM resident lounge on tower 10 that has a fridge available and call rooms that can be used as lactation room in a space that is only for residents. At this time, we do not have specific learner lactation rooms available at the other sites, but planning is underway to develop these spaces. | Yes, main floor near patient registration. |
| SickKids | Staff Wi-Fi: KidZoneWindows name and password are used to login to KidZone. | IT support is provided through the service desk who can be reached at extension 206722 or service.desk@sickkids.ca Hours of operation: 24x7In-person support available at room 1225A (1st floor, black wing). Office open 7am-5pm. | 24/7 Options:* Vending Machine with Hot and Cold Prepared Meals (1st Floor, Atrium near the Terrace Café entrance)
* Vending Machine with Cold Drinks and Snacks (1st Floor, Black Wing Food Court)
* Complimentary food/snacks are available in the resident lounge/call room area free of charge to all trainees.

Other Options:* Terrace Café (M-F 7am-7pm; S&S 9am-4pm)
* Starbucks (5:30am-11:30pm daily)
* Tim Hortons (M-F 6am-10pm; S&S 6am-6pm)
* U-naru Sushi (M-F 8am-8pm)
* Jugo Juice (M-Th 8am-6pm; F 8am-5pm)
* Subway (M-F 10:30am-11pm; S&S 11am-11pm)
* Soup It Up (M-F 7:30am-7:30pm)
* Jimmy the Greek (M-F 10:30am-7pm; Sat 10:30am-6:30pm)
 | No designated drop-off location available. Food deliveries can be received at the Elizabeth St entrance in the Atrium. Staff/learners must meet the delivery person. | Breastfeeding Pumping/Feeding Rooms are located across from the Black Wing elevators on the Main Floor Rm. M464 and in the Atrium on the 7th Floor Rm. 7732. | * Meditation & Contemplation Room - Second Floor, Room 2713, Atrium
* Chapel - First Floor, Room 1731, Atrium
* Muslim Prayer Room, First Floor, Room 1730, Atrium
 |
| SickKids Centre for Community Health | Wi-Fi name: HDC-GuestPassword: guestwireless.  | IT support available at 416-924-1164 ext. 8720ICT Technical Support Request ccmhservice.desk@sickkids.ca  | 24/7 Options:Not applicable. Other Options:None on-site, but various neighbourhood options nearby. | No designated drop-off location available. | Not available. | Not available. |
| Southlake Regional Health Centre  | Staff WIFI  Login and password same as hospital IT system login and password S-BYOD (new) | Medical Education Associate IT service desk 905-895-4521 x 2246 | 24/7 Options:* On the Go Café featuring Tim Hortons (first floor hospital

Other Options:* Hospital Cafeteria (Monday – Friday, 8:30am-1:30pm)
* Subway (Monday — Friday, 6:30 a.m. – 11:30 p.m.Saturday & Sunday, 8:00 a.m. – 11:30 p.m.)
* Carvery & Bakery (Monday to Friday, 8:00 a.m. – 3:00 p.m.; Saturdays, 10:00 a.m. – 4 p.m.)
 | The clerk desk/reception area  | Accommodations when requested to locate an appropriate location/room | Second Floor by Central Elevators |
| Sunnybrook Health Sciences Centre  | Staff WIFI Sunnybrook staff wireless connection is: SB\_Data. To login learners can use their Sunnybrook network ID and password. | IT Helpdesk 24/7Information Services Help Desk: 416-480-4159 | 24/7 Options:* Second Cup Hours: 23 Hours a day (closed 3 a.m. to 4 a.m.). Second Cup options: cold sandwiches, a variety of salads, and cut vegetables and fruits.

  | No designated drop-off location available.  | Main Reception - Room M5 203M Wing, 5th Floor Phone 416.480.5900 | The following quiet spaces are available for prayer, reflection, meditation, reading and worship:Veterans Chapel or Main Chapel (with Blessed Sacrament Chapel)Synagogue/Jewish ChapelMuslim Prayer Room (with Women’s Prayer Section)All of the above are located near the McLaughlin Auditorium in E-Wing. |
| Surrey Place | Trainees are provided with individual log-in. | IT support can be accessed through <https://launch.surreyplace.ca/> The Help Desk line is (416) 925-5141 X4357 [HELP] | 24/7 Options:Not applicable. [Surrey Place](https://www.surreyplace.ca/i-am-a-professional/) provides day services only and is closed nights and weekends.  Other Options:TBD | No designated drop-off location available. | We have comfortable and private space that can be used to accommodate these requests when made. Resident should make the request to the supervising physician at the start of their time with us, but arrangements for the accommodation will be made whenever the request is received. | Available on request. |
| Trillium Health Partners: Credit Valley  | THP implemented a free guest wireless network called **THP\_Patient\_WiFi**.  Anyone (Patients, staff, learners etc.) can access it by searching for the available wireless network and selecting THP\_Patient\_WiFi.  No password is required.  A separate Staff Wifi is provided for THP-issued devices by Information Services. | 24/7 IT support via the Information Services helpdesk.  Email: ISServicedesk@thp.ca Telephone External: 905-813-4357 (HELP) or Internal: 4357 (HELP)  Hours of Operation: 24 hours a day, every day    | 24/7 Options: * Tim Hortons

Other Options: * Pita Lite - 11:00 a.m. to 7:30 p.m., 7 days/week
* Fusia Asian Kitchen - Monday to Friday - 11:00 a.m. to 7:30 p.m.
* Pumpernickel's - Monday to Friday - 7:00 a.m. to 7:00 p.m.

   | No designated drop-off location available. Pick up from any of the main entrances.     | Infant feeding room: H block entrance, beside small Tim Hortons entrance.    | Credit Valley Hospital: The Meditation & Prayer Room - 2F2552 is located on the main level diagonally across from Shop at The Valley (Gift Shop).  |
| Trillium Health Partners: Mississauga Hospital   | THP implemented a free guest wireless network called **THP\_Patient\_WiFi**.  Anyone (Patients, staff, learners etc.) can access it by searching for the available wireless network and selecting THP\_Patient\_WiFi.  No password is required.  A separate Staff Wifi is provided for THP-issued devices by Information Services. | 24/7 IT support via the Information Services helpdesk.  Email: ISServicedesk@thp.ca Telephone External: 905-813-4357 (HELP) or Internal: 4357 (HELP)  Hours of Operation: 24 hours a day, every day   | 24/7 Options: * Tim Hortons

Other Options: * Pumpernickels - Monday to Friday - 7:00 a.m. to 7:00 p.m.
* Pita land - Monday to Friday - 8:30 a.m. to 6:00 p.m.
 | No designated drop-off location available. Pick up from any of the main entrances.     | Quiet Room on the Main Floor, towards the B elevators past the Pharmacy   | Main Floor beside the B elevator near the Pharmacy (Arch number M – 1108)   |
| Unity Health: St Joseph’s Healthcare Centre | Staff WIFI:UNITY\_PRIMELogin and password same as hospital IT system login and password. | * Student Centre
* Helpdesk:

(416) 864-5751 helpdesk@unityhealth.to  | 24/7 Options:* Food vending machines in the cafeteria area (these machines are stocked with cold salads and re-heatable packaged hot entrees. All of their items have ingredients and nutritional listings).

Other Options:* St. Joe’s has a fantastic cafeteria, offering delicious and freshly made food. You can find daily menus on the shared N:/ drive under Everyone -> Lakeside Café or call the Lakeside Cafe hotline at: x2433 (CHEF)
	+ Hours: Monday to Friday 7:30am-3:30pm (but is usually open by 7:15am)
	+ Saturday and Sunday (11:00am-3:00pm)
	+ Statutory holidays \*closed\*
* Second Cup (open, 6am – 11pm, Monday – Sunday)
 | No designated drop-off location available.    | Call rooms can be temporarily assigned; students are asked to contact the Student Centre so that a space can be secured.   | 2nd floor Morrow wing, inpatient unit, room 2M-20   |
| Unity Health: St Michael’s Hospital  | Staff WIFI:UNITY\_PRIMELogin and password same as hospital IT system login and password. | * Student Centre
* Helpdesk:

(416) 864-5751 helpdesk@unityhealth.to  | 24/7 Options:* Food vending machines 1st fl PGT area (these machines are stocked with cold salads and re-heatable packaged hot entrees. All of their items have ingredients and nutritional listings).

Other Options:* Cafeteria (Marketeria) is located on the 6th floor of the Cardinal Carter Wing (Monday-Friday 6:30am – 9:30pm).
* MARKETERIA: Grill Station M-F 11AM-7PM; 8AM-4PM Weekends
* Tim Horton’s Coffee is located within the Marketeria and on the 1st floor of the Peter Gilgan Tower. Monday to Friday, 7 am to 11 pm, 8AM-4PM weekends
* Second Cup Coffee is located at the B1 Queen St. Entrance, 24/7 M-F; 6AM-midnight on weekends
* Starbucks and Subway are available in the lobby of the Li Ka Shing building Monday- Friday from 7:30am – 6:00pm.
* Subway: Monday to Friday, 9 am to 7 pm; Saturday, 11 am to 6 pm; Sunday, closed
 | No designated drop-off location available.  | The room is in 2-Bond, room 304. There is a keypad to enter and the code and it can be obtained from the Student Centre. | Multi-faith prayer room located on 3 Bond- next to the Chapel  |
| Unity Health: Providence   | Staff WIFI:UNITY\_PRIMELogin and password same as hospital IT system login and password. | * Student Centre
* Helpdesk:

(416) 864-5751 helpdesk@unityhealth.to  | 24/7 Options:TBDOther Options:* Tim Hortons (open Monday to Sunday, 6:30 am to 7 pm)
 | No designated drop-off location available.  | Students are asked to call the Student Centre to arrange a space - can be temporarily arranged as need arises .  | B wing, 2nd floor, room B-204   |
| University Health Network: Princess Margaret  | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7) help@uhn.ca or x4357(HELP) | 24/7 Options* Robo Café: 24/7 coffee option
* Kitchen Mate: offering 24/7 freshly cooked breakfast, lunch, and dinner.

 Other Options:(Monday to Friday) * Pinto Market (8am - 6:00pm)
* Starbucks (6am - 8pm)
* Tim Hortons (6am - 6:30pm)
* Real Fruit Bubble Tea (10am - 6:30pm)
 | No designated drop-off location available. Speak to your programs/supervisors for advice.   | 620 University (7-902) No badge access required.   | PM Multi-Faith Space -- M-909 PMCRT Prayer Room --4 -504 |
| University Health Network: Toronto General  | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7) help@uhn.ca or x4357(HELP) | 24/7 Options* Robo Café: 24/7 coffee option
* Kitchen Mate: offering 24/7 freshly cooked breakfast, lunch, and dinner.

Other Options: * Food court is open during the day (hours vary by vendor) including healthy options.
* See full breakdown of hours of operation [here](https://utoronto.sharepoint.com/%3Aw%3A/r/sites/001T_MEDPGMEAccreditationTeam/Shared%20Documents/Orientation%202023%20-%20Site%20Survey%20%28WiFi%20and%20Healthy%20Food%20Options%29/2023%20Follow%20Up%20for%20July%201/Site%20Attachments/Completed%20Forms/Toronto%20General%20Hospital%20-%20Food%20Options.docx?d=we8809c995faf41868ea1994f79bf0d71&csf=1&web=1&e=735x8W).
 | No designated drop-off location available. Speak to your programs/supervisors for advice.  | * Wellness Centre-Norman Urquhart 1-168 - Mon to Fri 8am-4pm. For after hrs call in advance 416 340-4800 x4486 for access instructions
* TGH: 1EN-428
 | TG Multi-Faith Space 1 Norman Urquhart (beside Patient Education Library) TG Musalla Prayer Room 1 Gerrard w-557 |
| University Health Network: Toronto Rehab - Bickle | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7) help@uhn.ca or x4357(HELP) | 24/7 Options* Robo Café: 24/7 coffee option
* Kitchen Mate: offering 24/7 lunch, and dinner.

Other Options: * Food available for purchase at the Gift Shop
* Food truck set up outside during the day.
 | No designated drop-off location available. Speak to your programs/supervisors for advice.  | TRI-Bickle: S0209C | Prayer Room: N210 |
| University Health Network: Toronto Rehab – Lyndhurst  | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7) help@uhn.ca or x4357(HELP) | 24/7 Options* Robo Café: 24/7 coffee option
* Kitchen Mate: offering 24/7 lunch, and dinner.

Other Options: * Food options available at Holland Bloorview (5 minute walk from Lyndhurst)
* Tim Hortons at Holland Bloorview- Mon-Fri from 7:30am-4:30pm Sat/Sun 9am-2pm
* Vending Machines (outside cafeteria) - fresh food, coffee, juices, pop, snacks
 | No designated drop-off location available. Speak to your programs/supervisors for advice.  | TRI-Lyndhurst: B13A | Prayer Room: 1st-Floor Room 194 |
| University Health Network: Toronto Rehab - Rumsey *Neuro & Cardiac* | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7) help@uhn.ca or x4357(HELP) | 24/7 Options N/AOther Options: * Food options available at Holland Bloorview (Across from Rumsey)
* Tim Hortons at Holland Bloorview- Mon-Fri from 7:30am-4:30pm Sat/Sun 9am-2pm
* Cafeteria 11:30-1:30 pm (Mon-Fri) Vending Machines (outside cafeteria) - fresh food, coffee, juices, pop, snacks
 | No designated drop-off location available. Speak to your programs/supervisors for advice.  | * TRI Rumsey: 128
 | None available. |
| University Health Network: Toronto Rehab - UC | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7) help@uhn.ca or x4357(HELP) | 24/7 Options N/AOther Options: * Druxy’s Deli (7am-5pm) Monday-Friday
 | No designated drop-off location available. Speak to your programs/supervisors for advice.  | * 10th floor, Room 10-154-3
 | Prayer Room: 6-204 |
| University Health Network: Toronto Western   | Learners can use their T-ID and their own password to log in to UHN-Corporate-WI-FI across UHN | UHN Helpdesk (24/7) help@uhn.ca or x4357(HELP) | 24/7 Options* Robo Café: 24/7 coffee option
* Kitchen Mate: offering 24/7 freshly cooked breakfast, lunch, and dinner.

 Other Options: * Asian Gourmet (11:30am - 6:30pm)
* Booster Juice (11am - 4pm)
* Druxy's (7am - 5:30pm)
* Pizza/Jerk Chicken (10am - 6pm)
* Mix It Up (7am - 6pm)
* Mr. Sub (10am - 4:30pm)
* Second Cup (6:30 am - 4pm)
* The Bagel Stop (6:30am - 7pm)
* Edo Sushi (11am - 6pm)
* Tim Hortons (6am - 11pm)
 | No designated drop-off location available. Speak to your programs/supervisors for advice.  | 3 West Wing 435 Education Dept. Email: Medicaleducation@uhn.ca to set up badge access  | TW Multi-Faith Space -7 Fell Pav.-800 TW Musalla Prayer Room - 4 Fell Pav.-108  |
| West Park Healthcare Centre  | Staff Wi-FiWPHC SecureP/W: abcde12345 | IT helpdesk (24/7 via email and phone, in-person during the day) helpdesk@hd.westpark.org416-243-3600 x4357, or Medical Affairs  | 24/7 Options: Not applicable.Other Options:Food items change daily; available from 8am-2pm | Communications Desk    | No dedicated lactation rooms however, there are “private and protected spaces” residents could use for expressing:**Staff lounge** – Ruddy Building – R1-21**Medical Trainee Lounge** – Ruddy Building – RI-25 passcode: 2468\* | Main Level  |
| William Osler Health System: Brampton Civic Hospital  | Physician WIFI:WOHS-Physician SSIDSecurity setting: WPA2Password will be provided during hospital registration.  | IS support is available at x56222 or isservicedesk@williamoslerhs.ca **Staffed:**Monday to Friday, 07:00 – 24:00Weekends and Statutory holidays, 08:00-16:00On-call:Weekdays, 00:00 - 07:00Weekends and Statutory holidays, 16:00 – 08:00\* *When leaving a message during on-call hours, please provide your name, user ID, callback information, the device name, and a brief description of the issue. A Technical Support Specialist will attempt to contact you within 30 minutes.* | 24/7 Options:* **Tim Hortons kiosk;** Location: main level, in cafeteria; Coffee, Full Tim Hortons menu and express meal alternatives from cafeteria available after hours including fruits, vegetables, salads etc.
* **Physician’s Lounge;** Location: South Building, 3rd floor, beside leaf elevators; Residents also have access to the physician’s lounge (swipe access via Osler ID badge) where hot and cold drinks and snacks are available to them free of charge

Other Options:* **Cafeteria**; Location: main level, south building. The cafeteria offers a wide range of fresh cooked meal and snack options. Open 7:30 a.m. - 4:30 p.m. on weekdays (closed on weekends and holidays)
* **Tim Hortons kiosks;** Location: All kiosks are on the main level
* North building, Entrance B :Hot and cold beverages and pastries only. Open 8:00 a.m. - 3:00 p.m. on weekdays (closed on weekends and holidays)
* North Building, Entrance A: Hot and cold beverages and pastries; Express meal alternatives from cafeteria available; Open 8:00 a.m. - 3:00 p.m. on weekdays (closed on weekends and holidays)

  | No designated drop off area available. | Location: Main Level Secure, private lactation room beside cafeteria  | 2nd floor beside Leaf elevators |
| William Osler Health System: Etobicoke General Hospital   | Physician WIFI:WOHS-Physician SSIDSecurity setting: WPA2Password will be provided during hospital registration.  | IS support is available at x56222 or isservicedesk@williamoslerhs.ca **Staffed:**Monday to Friday, 07:00 – 24:00Weekends and Statutory holidays, 08:00-16:00On-call:Weekdays, 00:00 - 07:00Weekends and Statutory holidays, 16:00 – 08:00\* *When leaving a message during on-call hours, please provide your name, user ID, callback information, the device name, and a brief description of the issue. A Technical Support Specialist will attempt to contact you within 30 minutes.* | 24/7 Options:* **Tim Hortons kiosk;** Location: main level, just past the lobby elevators
* Coffee and express meal alternatives
* **Physicians Lounge;** Location: 3012-3A

Residents also have access to the physician’s lounge (swipe access via Osler ID badge) where hot and cold drinks and snacks are available to them free of charge.Other Options* **Café;** Location: main level, near atrium
* The Grill: open 7:30 a.m. – 10:30 a.m., 11:30 a.m. – 5:00 p.m. on weekdays (closed weekends and holidays)
* Subway sandwich station: open 11:30 a.m. – 5:00 p.m. on weekdays (closed weekends and holidays)
* Starbucks: open 7:30 a.m. - 4:00 p.m. on weekdays (closed weekends and holidays)
 | No designated drop off area available. | Main Level, Rm. 1670Location: in the link hallway between the old lobby and new atrium, beside Foundation Office.  | Main Level, Rm. 2006 Location: near entrance to day surgery |
| William Osler Health System: Peel Memorial  | Physician WIFI:WOHS-Physician SSIDSecurity setting: WPA2Password will be provided during hospital registration.   | IS support is available at x56222 or isservicedesk@williamoslerhs.ca **Staffed:**Monday to Friday, 07:00 – 24:00Weekends and Statutory holidays, 08:00-16:00On-call:Weekdays, 00:00 - 07:00Weekends and Statutory holidays, 16:00 – 08:00\* *When leaving a message during on-call hours, please provide your name, user ID, callback information, the device name, and a brief description of the issue. A Technical Support Specialist will attempt to contact you within 30 minutes.* | 24/7 Options:* Vending machines available with drinks and snacks

Physicians LoungeLocation: 2nd floor* Residents also have access to the physician’s lounge (swipe access via Osler ID badge) where hot and cold drinks and snacks are available to them free of charge

Other Options:* Cafeteria open until 11pm, seven days/week. Food options include hot entrees, soups, salads, sandwiches, and baked goods.
 | No designated drop off area available. |  Not available. | Level 2, near elevators and Spiritual Health Therapy offices |
| Waypoint Centre for Mental Health | Guest WIFI for personal devices: **Guest WIFI** Individualized login name and password provided when requested through IT Waypoint issued devices will have automatic access to the Waypoint staff WIFI | WIFI and other IT Support is available through the IT Support Desk at x 4636 or itsupportdesk@waypointcentre.ca  | 24/7 Options:Vending machines available withdrinks and snacks.Other Options:[The Bay Café](https://www.waypointcentre.ca/patients___families/visiting_a_patient) is open for breakfast and lunch Monday through Friday serving a variety of hot food choices, a salad bar and daily soup options. We also offer two canteen outlets, one in the Administration Building and one in the Atrium Building for your convenience. As the hours vary in both sites, it is recommended you speak with the treatment team. | Switchboard Desk - Atrium Building Lobby | Medical staff lounge: a completely secure and private space only available to our physician team. The space has swipe and key access and is fully capable of supporting the private and comfortable environment required for a lactation space for our residents. Other private locations can be made available upon request | Atrium Building - AT-1634  |
| Women's College Hospital  | Guest Wifi for personal devices:**WC\_Guest**Password: **WomensCollege** | IT Service Desk is available 8:00 am - 5:30 pm Monday to Friday, excluding Holiday.Contact Service Desk at 416-323-6400 ext. 4357 (H-E-L-P) or ServiceDesk@wchospital.ca  | 24/7 Options: Not applicable. Other Options: When on-site, learners can access healthy food options before 6 pm Monday to Friday. * La Prep | 7 a.m. to 5 p.m.
* Extreme Pita | 7 a.m. to 6 p.m.
* Jugo Juice | 7 a.m. to 6 p.m.
* Sushi Shop |10 a.m. to 6 p.m.
* Thai Express |10 a.m. to 6 p.m.
 | No designated drop-off location available.  | Room 1420, on the main floor beside the stairway | Room 1414 Prayer room equipped with a foot wash sink Room 1415 the Labyrinth; Both open to all patients, visitors, staff and volunteers as a quiet room for reflection and prayer. |