

Physician Health Symposium:

Building Resilient Medical Communities: Current Innovations, Future Possibilities

Program

Location Ballroom Center, Chestnut Conference Centre | 89 Chestnut Street **Date and Time** Tuesday, May 30th | 12:00 pm to 5:00 pm

Time	Agenda	Presenter(s)	Location
12:00 pm	Registration Lunch		Ballroom West
12:45 pm 5 mins	Welcome	Dr. Susan Edwards Director, Resident Wellness, Postgraduate Medical Education,	Ballroom Center
12:50 pm	Opening Plenary	University of Toronto	
40 mins	Work and Learning/Culture and Context: Physician Wellness Stories	Dr. Jane Lemaire Vice-Chair, Physician Wellness, University of Calgary	Ballroom Center
15 min	Moderated Q&A		
1:45 pm 60 mins	Workshops		
#1	Building a Resilient Medical Education Community: What does it mean, why does it matter, and how can we promote it?	Dr. Leslie Nickell Associate Dean, Health Professions Student Affairs, Faculty of Medicine, University of Toronto	Giovanni Room
#2	Compassion, Presence and Resilience Training (CPR- TTM): Revitalizing the Hearts of Caregivers	Dr. Mary Elliott Department of Psychiatry, University of Toronto & Princess Margaret Cancer Centre	Armoury Room
#3	Leading-edge Change Techniques for Learner and Faculty Resilience	Dr. Diane de Camps Meschino Department of Psychiatry, University of Toronto	Elm Room
#4	Stronger together: Building "Allyship" in Medical Communities	Anita Balakrishna Diversity Office, Faculty of Medicine, University of Toronto	Ballroom Center
#5	Downward Docs: A Crash Course in Mindful Movement and Medicine	Dr. Tali Bogler & Dr. Sarah Kim Department of Family and Community Medicine, University of Toronto	Carlton Suite
2:45 pm 15 mins	Coffee Break		Ballroom West

5:00 pm 5:00 pm	Closing Reception Refreshments and Hors D'oeuvres Adjournment		Ballroom West	
	Clasing December Defreches			
L0 mins	Closing Remarks	Vice Dean, Post MD Education		
5:00 pm		Dr. Sal Spadafora	Ballroom Center	
4:20 pm 40 mins	The Future of Physician Health: A Way Forward for University of Toronto Faculty of Medicine	Associate Dean, OHPSA, MD Program	Ballroom Center	
		Dr. Leslie Nickell		
		Director, Resident Wellness, PGME		
		Dr. Susan Edwards		
1:00 pm	Healing the Healers	Department of Medicine, University of Toronto & Department of Critical Care, Sunnybrook Health Sciences Centre	Ballroom Center	
	Telling our Stories:	Dr. Shelly Dev		
3:00 pm 60 mins	Oral Presentations/ Lightning Rounds	Moderated by: Steering Committee Members	Carlton Suite	
			Ballroom Center	
			Elm Room	
			Armoury Room	
			Giovanni Room	

Please email pgme.events@utoronto.ca to register for this session.

Registration is complimentary and open to all who are interested.

<u>Space is limited – registration is required</u>.