SARS-CoV-2 continues to spread within the community, and as more infected patients are admitted to hospital the impact on the healthcare workforce will only increase. Our trainees are a mainstay of patient care and we know that some will become infected, whether at work or outside work. This document reviews general principles related to trainee health and health information in the context of COVID-19, and outlines the management of trainees with possible or confirmed COVID-19.

GENERAL PRINCIPLES
1. Trainees should not work if they have symptoms of a respiratory tract infection.
2. Trainees with symptoms of a respiratory tract infection should consult the Occupational Health Department for guidance around testing, self-quarantine and self-isolation. Trainees working at more than one site should consult one site for guidance and keep the others notified.
3. All trainees’ medical information is considered Personal Health Information; sharing of such information beyond the circle of care and as required by public health regulation can only be done with trainee consent as per the Personal Health Information Protection Act.

CLINICAL MANAGEMENT
1. Trainees who have been exposed without proper Personal Protective Equipment (PPE) to a patient with COVID-19 should consult their Occupational Health Department for guidance.
2. Trainees with symptoms compatible with COVID-19 i.e. cough, sore throat, headache, muscle aches, fatigue, runny nose, joint aches ± nausea, diarrhea and stomach pains OR fever, should self-isolate and consult their Occupational Health Department for guidance including testing.

   Note: The duration of self-isolation will depend on whether the trainee tests positive or negative for SARS-CoV-2, and the persistence of symptoms. Trainees should follow the guidance of the Occupational Health Department.

   Note: Contact tracing of all positive cases is performed by the Public Health Department.

PREVENTION
1. PPE must be worn as per hospital policy. Many hospitals are adopting a 'mask all the time' model for all clinical staff.