<table>
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<th>Step</th>
<th>Item</th>
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| 1    | REMOVE PERSONAL ITEMS  
PHONES, PAGERS, STETHOSCOPE, ID BADGE, PENS, ETC |
| 2    | 15 SECONDS HAND HYGIENE |
| 3    | SURGICAL MASK |
| 4    | FACE SHIELD |
| 5    | GOWN  
TIE AT NECK AND WAIST |
| 6    | GLOVES  
TO COVER WRISTS |
| 7    | ENTER ROOM |
DOFFING - STAGE 1
(INSIDE ROOM)
COVID-19 PRECAUTIONS
ROUTINE CARE

1. REMOVE GLOVES CAREFULLY
2. 15 SECONDS HAND HYGIENE
3. UNTIE GOWN AT WAIST
4. 15 SECONDS HAND HYGIENE
5. UNTIE GOWN AT NECK
   CAREFUL NOT TO TOUCH FACE
6. REMOVE GOWN FROM INSIDE
   DISPOSE CAREFULLY INTO BIN
7. 15 SECONDS HAND HYGIENE
8. EXIT TO ANTEROOM/HALLWAY

Created in collaboration with Allan Waters Family Centre and Infection Prevention and Control, Unity Health Toronto. Modified and adapted from Caparica Santos, F. N.; Butler, C. and Thakrar, D. R., 2020. Department of Anesthesia, St. Michael's Hospital, Unity Health Toronto and Department of Anesthesiology and Pain Medicine, University of Toronto. This work is licensed under a Creative Commons Attribution 4.0 International License.
DOFFING - STAGE 2
(Anteroom or Hallway)
COVID-19 PRECAUTIONS
ROUTINE CARE

1. **15 SECONDS HAND HYGIENE**

2. **REMOVE FACE SHIELD**
   TOUCH STRAP ONLY; REMOVE FORWARD AND DOWNWARDS

3. **15 SECONDS HAND HYGIENE**

4. **REMOVE MASK**
   USE STRAPS/EARLOOPS ONLY; IF STRAPS, BOTTOM STRAP FIRST

5. **15 SECONDS HAND HYGIENE**

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